**2025 Mental Health Awareness Month Social Copy**

**Post 1 - Awareness & Action**

🌟 It is Mental Health Awareness Month! At HCA Healthcare, we're proud to support mental wellness initiatives like the "Understanding Mental Wellness" course in more than 1,600 schools nationwide. We are committed to helping students have a better understanding of their mental health and build healthier futures. #MentalHealthAwarenessMonth #HCACares #HealthierTomorrows #MentalHealthMatters

**Post 2 - Educate & Empower**

📚 Knowledge is power! For #MentalHealthAwarenessMonth, we are spotlighting the ways we support schools nationwide. By equipping students with tools to understand and manage their mental health, we're fostering a culture of support and resilience. Together, we can make a difference! #HCACares #Empowerment #HealthierTomorrows

**Post 3 - Investing in Mental Health**

💡 Investing in mental health education is investing in our future. Together with [TAG] **EVERFI**, we’re committed to promoting mental wellness in schools nationwide through the "Understanding Mental Wellness" course. We support students to uplift their resilience and strength and own their mental health. This resource helps students invest in their mental well-being – how are you investing in your own mental health? #MentalHealthMatters #HCACares #EducationForAll #HealthierTomorrows

**Post 4 - Together We Thrive**

🌟 Let’s come together to support mental wellness for all. HCA Healthcare works to ensure that young minds have the tools they need to navigate life's challenges with resilience and hope. Together, we can create a world where mental health is valued, understood, and supported. Join us in spreading awareness and kindness this May! #MentalHealthAwareness #HCACares #HealthierTomorrows #TogetherWeThrive