

2023 Financial Capability Month Toolkit

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Podcasts

- [The Clark Howard Podcast](#) - money-saving tips and economic news
- [Women and Money](#) - advice from personal finance expert Suze Orman
- [Optimal Finance Daily](#) - narrates personal finance blogs and shares tips to optimize your financial life
- [So Money](#) - interviews with the world's top business minds

Articles and Websites

- [Addressing America's Financial Literacy Crisis Begins at Home](#), Kiplinger's Personal Finance, Jan. 23, 2022 (includes a link to sign up for Kiplinger's free e-newsletters on investing, taxes, retirement, and personal finance)
- [Half of UK adults need 'urgent help' managing their money](#), Financial Times, Jan. 10, 2022
- [Bankrate.com](#) - topics include home refinance or purchase, credit cards and personal loans
- [Wise Bread](#) - "saving hacks" and budgeting articles
- [Entrepreneur](#) - entrepreneurship, freelancing and owning a small business
- [New York Times: Your Money](#) - financial regulations and changes

Books

- [Dollars and Sense: How We Misthink Money and How to Spend Smarter](#) by Dan Ariely and Jeff Kreisler
- [Your Money or Your Life: 9 Steps to Transforming Your Relationship with Money and Achieving Financial Independence](#) by Vicki Robin