



# Prescription Drug Safety for Highschool

Prescription Drug Safety, sponsored by the CoxHealth Foundation, is an innovative digital course that arms high school students with the knowledge and tools to make healthy, informed decisions when it comes to prescription medications.



The Science of Addiction sequence



**I LIKE HOW THE COURSE SHOWED REAL LIFE EXAMPLES OF PRESCRIPTION DRUGS AND HOW THEY CAN BE SAFELY USED AND MISUSED. THROUGH THE INTERACTIVE VIDEOS, STUDENTS ARE NOW ABLE TO RECOGNIZE WARNING SIGNS IF THEY ARE EVER IN A SIMILAR SITUATION"**

Student, Connecticut



**Grade Level:** 9-12



**Length:** 30-45 minutes



**Standards Alignment:** National Health Education Standards (NHES)

Prescription drug abuse and misuse is a growing issue, with opioid abuse now the leading cause of accidental deaths in the U.S.<sup>1</sup> Reversing this trend will require a focused, population-wide approach. With one in five high school seniors reporting that they have misused prescription drugs,<sup>2</sup> reaching students early is now more important than ever.

## COURSE HIGHLIGHTS

- Evidence-based, universal, public health approach to learning
- Interactive, true-to-life scenarios that reinforce key learning objectives
- Robust measurement and assessment of knowledge gains
- Supplemental materials, including curriculum guide and lesson plans

## COURSE TOPICS

- Opioids, stimulants, and depressants
- Proper prescription drug use, storage, and disposal
- Brain and body: the science of addiction
- Simulations: refusal and bystander skills
- Debunking common myths

1. National Safety Council, 2016

2. National Youth Risk Behavior Survey (YRBS), 2009

## CONTENT LIBRARY

### Lesson 1: The Basics

Olum rae sumquunt quuntus asperuptios unt, quidit veliam con natur, occabor ra vidus dolupti aesequo deni.

### Lesson 2: Science of Addiction

Aquis estis voluptatur aut laborep erovitam dustium, odia ni ratum quam ut intescil eicabo. Equis essi.

### Lesson 3: Understanding Prescriptions

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### Lesson 4: Safe Use

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### Lesson 5: Refusal Skills

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### Lesson 6: Supporting a Friend

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## LEARNING ACTIVITY HIGHLIGHTS

### Understanding Prescriptions

The first step in understanding how to safely use prescription medications is interpreting the label. In this activity, students explore the ins and outs of a sample prescription label, answering questions about when and how the user should take their medications. Students must use the instructions to guide the user to make healthy choices in terms of dosage, mixing with other substances, sharing with others, and disposing of the pills safely.

### Refusal Skills

High school students need to practice how they'd respond if they find themselves in a situation involving potential misuse of prescription drugs. In these interactive scenarios, students explore the thoughts of their peers and debunk common myths when a classmate offers drugs to help with studying. They also step into the shoes of a student who is asked for their leftover medications -- and see the real results of their choices.

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#### Mobile First

Mobile-first design allows you to reach consumers where they are and gives them flexibility to engage with content on-the-go



#### Highly Customizable

Fully white-labeled learning platform allows you provide a relevant and branded experience to your consumers



#### Interactive

Best-in-class, personalized learning experience for learners with engaging content to allow them to practice what they learn



#### Measurable

Comprehensive data reporting allowing you to gain valuable insights into the priorities and interests of your consumers

The Prescription Drug Safety Network (PDSN) is a national coalition committed to empowering Americans with the skills and knowledge to make safe decisions about prescription medications through digital education. Through the support of its private and public sector partners, PDSN aims to make a collective impact through population-level education that reinforces healthy and safe behaviors.

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 **PRESCRIPTION  
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