**Post 1 - Awareness & Action**

🌟 May is Mental Health Awareness Month! At HCA Healthcare, we're proud to support mental wellness initiatives like the "Understanding Mental Wellness" course in schools nationwide. Empowering young minds with knowledge and support is key to building a healthier future. #MentalHealthAwarenessMonth #HCAHealthcare #MentalHealthMatters

**Post 2 - Educate & Empower**

📚 Knowledge is power! This Mental Health Awareness Month, we're shining a spotlight on the work we are doing with schools across the country. By providing students with tools to understand and manage their mental health, we're fostering a culture of support and resilience. Together, we can make a difference! #MentalHealthEducation #HCAHealthcare #Empowerment

**Post 3 - Investing in Mental Health**

💡 Investing in mental health education is investing in our future. As part of our commitment to mental wellness, HCA Healthcare proudly sponsors the "Understanding Mental Wellness" course with EVERFI in schools nationwide. By equipping students with knowledge and resources, we're breaking down stigma and building a brighter, healthier tomorrow. Join us in supporting mental health awareness this May and beyond! #MentalHealthMatters #HCAHealthcare #EducationForAll

**Post 4 - Together We Thrive**

🌟 This Mental Health Awareness Month, let's come together to support mental wellness for all. HCA Healthcare works to ensure that young minds have the tools they need to navigate life's challenges with resilience and hope. Together, we can create a world where mental health is valued, understood, and supported. Join us in spreading awareness and kindness this May! #MentalHealthAwareness #HCAHealthcare #TogetherWeThrive